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SMITH's Experiments.

BEING

A True Direction how to Prepare several Medicines that have been daily Experienc'd; And frequently Sold,

By JAMES [illegible] Practitioner in [illegible] Surgery

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OCT

Gentlemen,

I *Having Travelled most Parts of this Kingdom, Chiefly to see the variety of Diseases, and different wayes of Practice, that thereby I might be more Capable of Serving that Part of the Countrey where I intend to Settle; (for it cannot be denyed, a Person Travelling to, and Practising in, many places, may see much more than he who is more Domestick, or Lives altogether at home) thought it a part of my Duty, now I intend to desist from Travelling, to leave behind me for your future Benefit, some* Receipts, *or Ways of preparing some* Medicines, *as may be Useful in your Families: And you have here not only Directions how to make those things which I sell from my Stages; but several other as Useful, and as much Experienc'd as they.*

I know you have seen many Pamphlets of the like nature, but never any so Real as this: And though I may perhaps be malign'd by some, who prefer their private Interest before a publick profit; yet fear of Offending such shall never cause me to wave my Design, or check my Undertaking, in a thing that may be so generally Usefull. And I hope it will be as Candidly Accepted, as Faithfully Intended, from your Friend and Servant,

James Smith.

1. *How to make the Brown Balsom for Wounds, Aches or pain in the Limbs.*

TAke Oyl Olive 1 quart, Rosemary, Thyme, Cammomile, Lavender, and Winter Savory, of each half a handful, break or cut them, and boyl them in the oyl, Bees-wax and Rozin, of each three quarters of a Pound; Dogs-grease, Bears-grease, and black Pitch, of each one ounce. Dissolve all these over a gentle fire, then as soon as it is taken off the fire, add *Venice* Turpentine 2 ounces, Storax Liquid 1 ounce, Oyl of Earthworms, Oyl of Melliot, and Oyl of St. Johns-wort, of each half an ounce; Oyl of Turpentine 1 ounce, Oyl of Spike 2 drahcms, stir these together till they are cold.

2. *How to make the Green Oyntment for Burns or Scalds, Inflammation, or Heat in any part.*

Take Hemlock, Henbane, Night-shade, Grondsill, Housleek, Dwarf-Elder, Marsh-Mallows, Chickweed, and Plantain, of each a handful: Cut the herbs, and put them to 2 quarts of Oyl Olive: Boyl them till the herbs be crisp; then strain it, and put to the Oyl one pound of Virgin Wax, dissolve the Wax, and then let it cool by degrees.

3. *How to make an Excellent Water for any curable Disease of the Eyes.*

Take Quick-Lime 2 ounces, let it steep 12 hours in a pint, of Spring water, then take off the clear, gently strain it through a thin Rag, that the scum which will be at the top

top get not through; Put it into a Brass Pan, and put to it *Sal Armoniack* three drachms; stir it with a Brass Spoon till it be very blew: Drop of it into the Eye two or thre times a day.

4. *Another Remedy for the Eyes.*

Take white Rose-water, Plantane Water, and Eyebright Water, of each one ounce; Powder of white Sugar-Candy half an ounce, *Olibanum* one drachm: Mix them by pouring the Water to the Powders in a Mortar by degrees, stirring with the Pestle all the while. *Use this as the former.*

5. *How to make the Excellent Powder for the Worms, to be taken in Honey or Treacle in the Morning.*

Take Tormentil Roots, Coriander

 Seeds,

Seeds, Coraline, burnt Harts-horn, all Pulveriz'd, of each one ounce; Salt of Wormwood one ounce; mix them together very well, and keep it dry. *Probatum eſt.*

The Doſe for a Man as much as will lye on a ſhilling.

6. *An Excellent Powder for Ruptures, or Broken Bellies, to be taken in Claret, or ſtrong Drink in the Morning.*

Take the Roots of Biſtort, Round Birthwort, Tormentil, and the grear Comfry, of each one ounce, Red and yellow Saunders, of each one drachm and half, Dragons-blood, and Harts-horn, of ecch 2 ſcruples, Bole-Armoniack 2 drachms; Pulverize, and mix them all.

Doſe from 12 grains to 2 ſcruples.

7. *An*

7. *An Approved Remedy for the* Epilepsie, *or Falling-Sickness; to be taken in strong drink in the morning.*

Take Peony Roots, Round Birthwort, and *Sassafras*, of each one ounce; Pellitory of *Spain* 2 drachms, Caraway seeds, sweet Fennel seeds, and Rue, of each half an ounce; Leaves of Betony, and Parsly, of each 2 drachms; Pulverize, and mix them together.

Dose from 12 grains to 2 scruples.

8. *The* Powder *to purge the Head.*

Take Rosemary, and Betony, of each 1 scruple; black Hellebore, of each 1 scruple; Ireos 1 drachm and a half: Mix them all in fine Powder, and take of it at Night, one grain at a time.

9. *The*

9. *The Remedy for the Tooth-ach.*

Take Pellitory of *Spain*, mix it with an equal quantity of Wheat-flower, and with the ſtrongeſt Spirit of Wine make a paſte, Roul it in thin Cakes, and cut it into ſquare pieces and dry it; hold a bit of it between the Teeth, or in the hollow of the Tooth: Keep the mouth ſhut as long as you can.

10 *The Compoſition of the General* Purging Pill, *being the Onely* Purge *for any Diſeaſe, either Cronical, or Acute, where Purging is neceſſary.*

℞. *Scammonii* ℥ ß. *pulp. Coloquint.* ℥ v. *f. P. Fit cum Ol. Caryophill. Chim. q. S. F. M. Cui adde, Pil. Cochiæ min. et Aggregativæ, an.* ℥ j. ß. *bene Contundantur ſimul, et fiat maſſa pro Piluli. Dos. gr.* 10.

11. *An*

An Excellent PILL *for the Stomach.*

Take of *Pill. Ruffi*, call'd Peſtilential, and *Pill Stomachici* with the Gums, of each on drachm: Salt of Wormwood one ſcruple, *Elixir Proprietatis*, as much as will ſuffice to make a Maſs for Pills.

12. *A good Remedy to ſtay Vomiting.*

Take Malmſey ſix ounces, Oyl of Vitriol 10 drops; mix them and take an ounce every morning faſting.

13. *Another for Vomiting or Spitting of Blood.*

Take 5 or 6 drops of Oyl of Maſtich in Cinnamon water.

14. *A*

14. *A Notable Experienc'd* Medicine *to eaſe the pain of the Gout.*

Take one, or two of the foremoſt ſucking Whelps of a Maſtiff, or Bear-Bitch, kill them, and take forth the Guts; fill them with black Snailes, Roaſt them, and baſte them with 10 ounces of Oyl of Spike coloured with Saffron; Reſerve that which droppeth from them, and mix it with as much Oyl of Wax, And therewith Anoint the part grieved.

15. *A Remedy for a Sore Mouth either in Young or Old.*

Take Plantane water, Honeyſuckle water, and Barley water mixt with *Saccharum Saturni*, and gargarize with it.

16. *An*

16. *An Excellent Remedy for Consumption or Coughs.*

Take Anniſeeds, Carawayſeeds, Coriander ſeeds, Lycorice, & Elicampane, of each half an ounce, Flower of Brimſtone 2 drachms; Mix theſe with good Clarify'd Honey to the form of an Electuary, then add Balſom of Sulphur one drachm, and Oyl of Anniſeeds 10 drops; ſtirre it well, and take of it Morning and Evening as much as a Hazel Nut.

17. *The way of making* Elixir Vitæ.

Take Roſemary one handful, Juniper Berries 2 ounces, Angelica Roots, and Elicampane, of each half an ounce, Zedoary, and Cardamom, of each 3 drachms; ſteep all theſe 24 hours in 2 quarts of ſtrong Spi-

rit

rit of Wine; Then draw off in an Alembick very gently one quart and half a pint of the *Elixir*.

18. *To Blanch the Face.*

Take the Meat of Lemmons, the Kernels being taken away, and a quantity of the first Sugar: Still these, and keep the Water to wash the Face every Night.

19. *A Powder for the Stone, Sand, Gravel or Flegm, that Obstructs the Urine.*

Take Sopewort Roots, and Sea-Radish Roots, of each half an ounce, Juniper-Berries, Bay-Berries, and Haws, of each five drachms; Gromel-seed, Parsly-seed, and Carraway-seed, of each six drachms; Gumme Arabick and Sal Prunella, of each four

four ſcruples; Pulverize, and mix theſe, and put to them oyl of Turpentine one drachm, oyl of Juniper half a drachm.

The Doſe from 10 *grains to half a drachm.*

20. *To ſtay bleeding at the Noſe.*

Take ſome Lint and make a Tent, dip it in Ink and put up the Noſtril, and lay a Defenſitive over the Eyes and Noſe made with *Sanguis Draconis*, *Bole-Armoniack*, and a little Vinegar.

Vale.